



European Association of Somatic Experiencing®

ASSISTANT LOG

The Assistant Log is a record of the activities undertaken by a person wishing to progress along the Assistant Track from Assistant In Training (AIT)/General Assistant to Senior Assistant level. It is used to support adherence to the EASE “Guidelines for Somatic Experiencing (SE®) in Europe” and enable the approval of individuals for provision of Personal SE sessions, Individual Case Consults and Small Group Case Consults to support the SE Trainings.

How to use your Assistant log:

Please print the templates and enter the relevant details in sequential chronological order, in capital letters in **black** ink. Using black ink will ensure any scanned copies will be clearly legible on screen to support your approval to the next level.

Please ensure your log book is up to date if you wish to submit for approval to the next level of Assisting.

Gathering all necessary documentation to support approval to the next Assisting level:

Please scan your entire log, (all pages with data entry) and save as a pdf file. Please refer to the EASE “Guidelines for Somatic Experiencing (SE®) in Europe” for guidance regarding the additional necessary documentation required for each level of Assisting and how to submit for Approval.

To apply for Assistant approval:

For Approval as **Assistant** (either AIT/General Assistant or Personal Session Provider):

- please submit your application with all necessary supporting documentation to:
 - the Trainer and Senior Assistant of your National SE Training; and
 - depending on your country’s local SE Community Structure, please also send to either your:
 - National SE Assistant Approval Committee;
 - National SE Association; or
 - National SE Training Organizer.

For Approval as a **Senior Assistant Level 1, (Individual Case Consult Provider and/or Provider of Small Group Case Consults in partnership with another Senior Assistant) or Senior Assistant Level 2, (Individual Case Consult Provider and Provider of Small Group Case Consults alone):**

- Please submit your application with all necessary supporting documentation to ESAC (European Senior Assistant Accreditation Committee) – instructions on the following page



European Association of Somatic Experiencing®

European Senior Accreditation Committee (ESAC)

Members of ESAC:

Dominique Degranges (contact person), Anne Janzen, Doris Rothbauer, Gabriella Racchelli and Erika Grieder,

How to contact ESAC and submit your Assistant Log to gain Approval for becoming a Senior Assistant:

1. Send an email to Dominique Degranges at dd.dega@bluewin.ch notifying of your wish to submit your Assistant Log and requesting the bank details for transfer and payment of the 250 € administration fee
2. Dominique will send the bank details and a Drop Box invitation where you can place your Assistant Log.
3. Place your Assistant Log into Drop Box and transfer and pay your administration fee
4. Dominique will transfer your Assistant Log to all other ESAC members for review.
5. If you have trouble using Drop Box you can also send your Assistant Log by mail to:

Dominique Degranges
Dorf 5
CH 8561 Ottoberg

6. You will get a confirmation when your Assistant Log has arrived.
7. The members of the committee will view it as soon as they can.
8. Approval becomes valid 3 weeks after information and giving time for response from the members of EASE

Further information can be found in the EASE “Guidelines for Somatic Experiencing (SE®) in Europe”.

How to work with Drop Box

- Send your email address to Dominique Degranges. He will send you an invitation to Dropbox.
- Download Drop Box onto your computer.
- It will contain a file with your name. Drop your Assistant Log into this file – that’s all.
- After your document has been received you will find a confirmation in your Drop Box file.

EASE Assistant Log v3

European Association for Somatic Experiencing (SE)® • www.se-europe.info
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ASSISTANT LOG

<u>SE TRAINING INTROS ASSISTED</u>			ASSISTANT NAME:		
DATE (dd/mm/yyyy)	LOCATION / NAME OF GROUP	ORGANIZER	DAYS PRESENT	TRAINER	TRAINER SIGNATURE

Please print as many copies of this page as required to enable full sequential chronological recording of your Assisting history.



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ASSISTANT LOG

INDIVIDUAL SE SESSIONS			ASSISTANT NAME:	
DATE (dd/mm/yyyy)	LOCATION	TIME CREDITED	PROVIDER	PROVIDER SIGNATURE

Please print as many copies of this page as required to enable full sequential chronological recording of your Individual SE Session history.